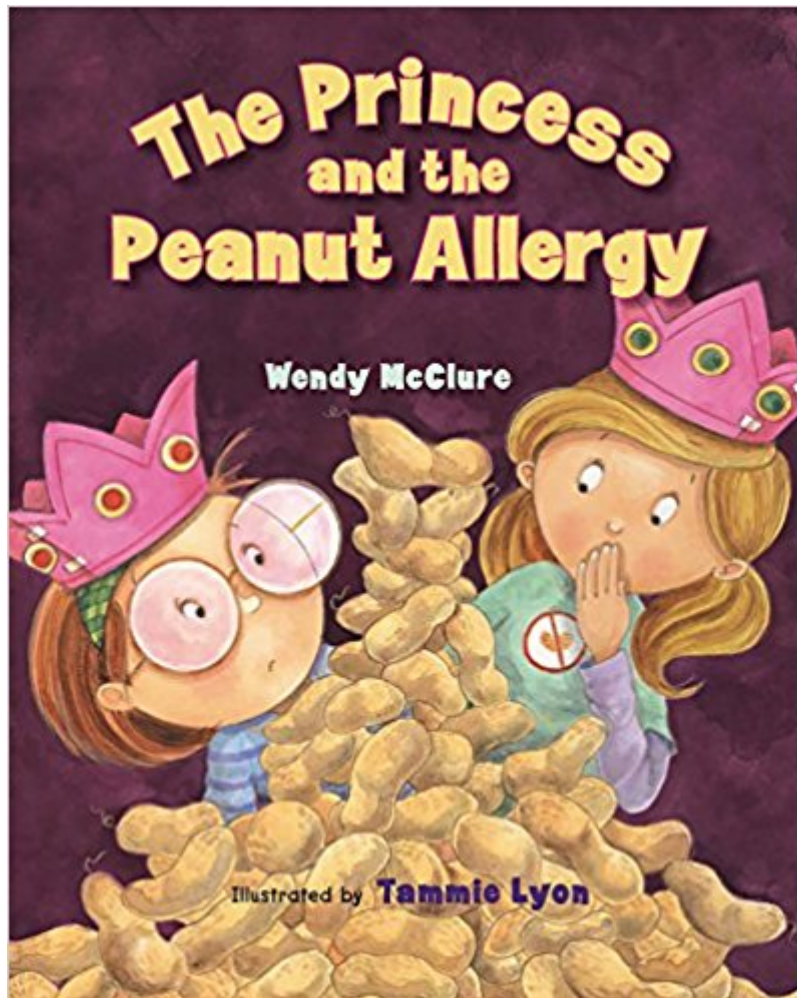




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# The Princess And The Peanut Allergy



## Synopsis

Regina and her mom are busy preparing for her birthday party. It's going to be a princess party with the perfect cake that looks like a castle and has ice cream cone towers. Regina is inviting all the girls in her class, including her best friend, Paula. Paula is excited, too, until she finds out about the cake. It will have nutty fudge brownies and peanut butter candies. Paula can't eat that cake; she can't go anywhere near that cake; because she has a peanut allergy. Regina really wants her cake, and she and Paula fight about it. That afternoon they both go home mad. But that night, after Regina reads her favorite story, "The Princess and the Pea," she thinks more about her friend and the cake. The next morning she has a great plan that will please everyone.

## Book Information

Lexile Measure: AD470L (What's this?)

Hardcover: 32 pages

Publisher: Albert Whitman & Company (March 1, 2009)

Language: English

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Product Dimensions: 8 x 0.3 x 10 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 29 customer reviews

Best Sellers Rank: #123,678 in Books (See Top 100 in Books) #34 in Books > Health, Fitness & Dieting > Nutrition > Food Allergies #134 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Illness #184 in Books > Children's Books > Growing Up & Facts of Life > Health > Diseases

Age Range: 4 - 8 years

Grade Level: 1 - 3

## Customer Reviews

Kindergarten-Grade 2 • Regina can't wait for her birthday party, especially since she plans to have a fabulous castle cake made out of giant brownie bricks. Then her best friend tells her that she can't eat any of it because of her peanut allergy. Regina doesn't understand why Paula can't pick out the peanuts, and the two girls have a big fight, resulting in Regina uninviting her friend. The birthday girl has a change of heart after listening to the "Princess and the Pea" and decides that the

cake can be made without peanuts. The story, while helpful for illuminating food allergies, is a bit pedantic, and it seems unlikely that Regina would be unaware of her best friend's allergy. The cartoonlike watercolor illustrations are attractive, but do little to elevate the unimaginative story. The book concludes with a note from a pediatric allergist. This title may be useful for teachers who happen to have students with food allergies and need a resource for other members of the class.

—â •Beth Cuddy, Seward Elementary School, Auburn, NY Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Wendy McClure is a columnist for BUST magazine and a children's book editor. Her essays have appeared in the The New York Times Magazine, The Chicago Sun-Times, and in numerous anthologies. She was born in Oak Park, Illinois, graduated from the Iowa Writers' Workshop, and now lives in Chicago with her fiancé, Chris, in a neighborhood near the river.

My 7 year old has many allergies peanuts being one of them. She loves that she can read a book about situations she has been in.

My daughter really enjoys this book - it has been in circulation at bedtime for many months now - and it is probably the single most important thing that helped her to understand about her peanut allergy. This book taught her to say she has a peanut allergy at the mere mention of peanuts. It's also a cute story, while a little complicated for 2-3 year olds at times, it is clear when it needs to be.

This book helped my son gain confidence when communicating with others regarding his peanut allergy. I like the fact that the book addresses cross contamination- no, you can't pick off the nuts, etc. I highly recommend this book!

My daughter is 3 1/2, loves princesses, and is allergic to peanuts and almonds. She LOVES this books, and wants me to read it over and over and over!Some of it is a little silly, like how the main charactor didn't know her best friend was allergic (didn't she have a peanut-free lunch table?)...and how she asked for the cake to be made with out peanuts, in a bakery that uses peanuts, without worries about cross-contamination. BUT, that might be too complex for kids to understand, so I think this is a great book for preschoolers, and am buying an extra copy for my daughter's class.

I have a 5 yr. old that is pn/tn allergic and she loved it! We enjoyed it so much that we donated a

copy to the local library. It's a great read.

Great book to spread awareness about the seriousness of peanut allergies. I love that it was about a birthday party because we encounter that frequently.

Absolutely love this book! My daughter enjoyed it as well. I think it's a great book for little ones who have peanut allergies and those with friends who have peanut allergies. This book should be in every elementary classroom.

My daughter has multiple food allergies. She really enjoyed reading it. She also loves princesses. I thought the book helped her with dealing with her allergies.

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